

# Special Olympics Maryland Area Memo

## November 16, 2018



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### Welcome

Welcome to the November 16, 2018, edition of the SOMD Area Memo!

If there are any members of your Area’s leadership who are not currently receiving the Area Memo, please send their names and email address to [dweddle@somd.org](mailto:dweddle@somd.org) to have them included in future distributions.

### **(NEW)** Area Memo Scavenger Hunt

To make the Area Memo as fun as it is informative, we’re going to hide a relevant question or two in the body of our announcements. Be one of the first people to reply with the correct answer to Jeff ([jabel@somd.org](mailto:jabel@somd.org)) and win a prize!

Congrats to the winners of last issue’s Scavenger Hunt: Pam Yerg, John Bogasky, Katie Detweiler, and Margaret Young, who let us know who they were rooting for in the Over the Edge Fundraising Competition.

### **(NEW)** November Area Leaders Webinar and Meeting

Thanks to our Area Leaders who were able to join us for the Webinar and/or Meeting last week!

While we put together the minutes for the meeting, we have attached the slide decks from both the webinar and the meeting. The recording to the webinar is available by following the below.

Webinar Recording: [https://www.youtube.com/watch?v=SI\\_jZ4SQQNI&t=409s](https://www.youtube.com/watch?v=SI_jZ4SQQNI&t=409s)

**(NEW) 2019 Area Leaders Webinar and Meeting Schedule**

**Mark your calendars now!** Area leader webinars and meetings have been set for 2019! Thanks to all those who provided feedback after the webinar and meeting.

	<b>Webinar</b>	<b>Meeting</b>
<b>Spring</b>	April 2, 2019 7:00-9:00pm	April 6, 2019 Approx. 9:45-3:00
<b>Summer</b>	July 16, 2019 7:00-9:00pm	July 20, 2019 Approx. 9:45-3:00
<b>Fall</b>	Nov. 12, 2019 7:00-9:00pm	Nov. 16, 2019 Approx. 9:45-3:00

**(NEW) 2019 MSP Polar Bear Plunge**

Don't forget to sign up your area teams today! Register your team and for your company, please pick your county (all counties are already in the system to select!). Last year we had a number of teams raise fund for their counties, and we'd like to continue that success this year. All area teams will receive 70% of the funds raised after expenses. An easy and fun fundraising opportunity for all! Reach out to Jessie Thompson with any questions: [jthompson@somd.org](mailto:jthompson@somd.org)

**(NEW) Athletes as Coaches Training**

**COURSE:** Athletes as Coaches  
**WHEN:** March 16th, 2019  
9:00 a.m. – 1:00 p.m.  
**WHERE:** Special Olympics Maryland  
3701 Commerce Drive, Suite 103, Baltimore, MD 21227  
**REGISTER:** <http://alps.somd.volunteerhub.com/>

**DESCRIPTION:**

Athletes as Coaches-From Competing to Coaching:

Welcome to the Athletes as Coaches Course. Are you ready for a new challenge in Special Olympics? Do you know how to talk with other athletes so that they understand what you mean? Do you like helping the coach?

As we know, the key to improving athlete performance and well-being is based on the quality of sport training and experiences provided by the local Special Olympics coach. The term "coach" refers to the individual who assumes responsibility for athletes, actively trains them, and coaches them in competitions [the Class A Volunteer.] This person in some cultures is referred to as "trainer".

The Athletes as Coaches Course is the first in the series of Athlete Leadership Programming within the sports tract. This introductory course on coaching will provide basic knowledge, skills, value statements and a practical application for the athlete to work toward becoming a coach.

Within this course, the athlete who is going through the training will be referred to as "Prospective Coach". *This course DOES NOT count towards the "Coaching Special Olympics Athletes" course.*

**Desired Outcomes**

1. Describe Athlete Leadership Programs (ALPs) and ALPs University.
2. Describe what it means to be a coach.
3. Identify what a coach needs to know.
4. Outline expectations that the Prospective Coach has for the Mentor and that the Mentor has for the Prospective Coach.

5. Explore the various coaching jobs which reflect different levels of responsibility.
6. Apply key communication skills, task analysis and skills instruction to effectively teach and train athletes.
7. Experience working with athletes.
8. Plan next steps in training and certification.

**(NEW) SOMD HQ Program Team Availability Surrounding Thanksgiving Holiday**

We hope everyone is looking forward to, and has, a healthy and happy Thanksgiving holiday. SOMD offices will be closed on Thursday and Friday, November 22 & 23, in observance of the holiday. In addition, here are days when SOMD Program team members expect to be on leave around this time. If you need to connect with a staff member, please do so before they depart for leave.

<b>Program Staff Member</b>	<b>Leave Begins On</b>	<b>Returns to HQ On</b>
Mike Czarnowsky	Fri, November 16	Wed, November 29
Melissa Anger	Mon, November 19	Mon, November 26
Steve Bennett	Fri, November 18	Wed, November 29
Zach Cintron	Wed, November 21	Mon, November 26
Mackenzie Irvin	Wed, November 21	Mon, November 26
Melissa Kelly	Mon, November 19	Mon, November 26
Cara Maronek	Tue, November 20	Wed, November 21
Dottie Rush	<i>No plans for leave at this time</i>	
Danielle Weddle	Mon, November 19	Mon, November 26
Kendall Zeswitz	Fri, November 18	Wed, November 29
Luke Weierbach	Tue, November 20	Mon, November 26
Ron Freeman	Wed, November 21	Mon, November 26
Ryan Kelchner	Wed, November 21	Mon, November 26
Jeff Abel	<i>No plans for leave</i>	

If you need to speak with a Program Staff Member who isn't available during this time, please contact one of the staff who is not on leave and he/she will assist you as best possible.

**(NEW) Swimming, Basketball and Bocce Changes for 2019**

Thank you to all the athletes, coaches, families and volunteers who provided input on the issues related to capacity with Swimming, Basketball and Bocce. Thank you also to the Sports Management Teams and Games Management Teams for those sports who took that input and identified solutions. Those solutions were approved by the SOMD Sports Committee and shared with Area leaders during last week's Area Leader Webinar and Meeting and are considered "final" except as noted.

The approved solutions appear in the attached document and are summarized for each sport below.

***Basketball***

1. Competition in each event remains a single day.
2. Switch Schedule for championship weekend
  - a. Saturday: 5v5 traditional and Unified teams
  - b. Sunday: 3v3 teams; 5v5 and 3v3 PDU; individual skills
  - c. (change allows 5v5 competition to go later into early evening – poss 7:00 – without issue for most attendees of work/school the next day)
3. Add at least 1 additional court/facility for 5v5 competition
4. Play halves of 16 to 20 minutes each (up from 12 minute halves in 2018)
5. Consistent bracket structures, including modified single elimination.
6. Need additional time to ensure the ability to include foul shots (*before pre-season webinar*)

### **Bocce**

1. No allotment process in 2019 (though accept need to move towards this in future)
  - a. Current primary concern is with singles
2. Examine eliminating gender from divisioning
3. Encourage participation in 4-person teams in place of singles
4. Start earlier each day (as early as 8:00 or 8:30 a.m.)
5. Add up to 5 more courts

### **Swimming**

1. Will not implement allotment process in 2019 reducing to 70-80% current swimming competitors at Summer Games
2. Will implement a “quasi-allotment” capping numbers at 2018 Summer Games swimming registration numbers *(to be reviewed in Feb/March 2019 to ensure it is still necessary)*
3. Conduct competition on Friday for
  - a. Fundamental events *(assisted swims and flotation events)*
  - b. 25M Freestyle and 25M Backstroke
  - c. 400M Freestyle
  - d. 4x25M Freestyle Relay
4. Reconfigure schedule to have most swimmers have either both mornings or both afternoons with no events
5. Reconfigure space use to more effectively use available space; make waiting area “delegation members only” if possible
6. SOMD provides chairs and have marked specific spaces for each delegation
7. Explore use of additional space within facility for waiting or family hospitality
8. Provide “live streaming” of competition via Facebook Live or similar tech
9. Begin development of “Regional” competitions with awards and fanfare/festivity to both add competitions and to serve as “season culminating events” when allotments inevitably need to be implemented.

The changes for basketball and bocce will be reviewed with coaches during the respective pre-season webinars.

Given the more significant changes for swimming, we will be scheduling two briefing sessions for coaches and other interested parties in December and January as well as provided a handout explaining the changes as well as the challenges that necessitated the solution. This handout will be designed for distribution to athletes, families and volunteers who may have questions. Invitations for these sessions will be sent to everyone listed in Sports Training for Swimming in 2018.

Tuesday, December 11, 2018 at 7:00 p.m.

Register: <https://attendee.gotowebinar.com/register/2572968654520933633>

Wednesday, January 16, 2019 at 7:00 p.m.

Register: <https://attendee.gotowebinar.com/register/2998986529330682369>

### **(NEW) Codes of Conduct and Area Programs – A “How To” Webinar**

As hopefully all of you know, SOMD has a Conduct Policy that is of use not only at the state level but within Area programs as well. To assist you in utilizing this tool in your Area program please join us for a “how to” webinar on Monday evening, December 10 from 7:00 – 8:00 p.m. This is an opportunity to not only learn what’s in the Codes of Conduct, but to also learn tools, techniques and processes that you can utilize in your Area to effectively use this tool.

To join the webinar, please use the following registration link:  
<https://attendee.gotowebinar.com/register/6878878290178678274>

**(NEW) GMS Monthly Web-Based “Office Hours” – Starting in December**

As announced in the previous webinar on medical/volunteer forms and GMS, we will be hosting monthly online GMS “office hours” – an open session each month where you can come and ask any question or get help on any GMS issue (we’ll do our best to answer them!). There’s no formal agenda, though if you send your question/issue/concern in advance, we’ll be sure to answer it first before taking questions from any other attendees. The sessions will be held on *the first Thursday of each month from 7:00 – 9:00 p.m.*, beginning on December 6.

The link for ALL of the sessions is <https://attendee.gotowebinar.com/register/6299518125638618371>

If you have a question you’d like to submit in advance, please send it to [coaches@somd.org](mailto:coaches@somd.org)

Please note, this does not mean that you can’t ask questions or ask for help at other times – this is just the opportunity when we can guarantee that we’ll have someone available who is knowledgeable in GMS, and is online, who can show you how to do things you were looking to learn (at least those things that can be handled within that window – it’s not a replacement for the standard “new user” training).

**(NEW) Area Memo Open to Area Announcements**

Do you have an upcoming event that you’d like to announce, a volunteer that deserves a special shout out, or maybe a recent ‘win’ for your program that you’d like to share with other area programs. Your contributions to the Area Memo are welcomed and appreciated! Please send any announcements that you’d like included in the Area Memo to Danielle Weddle ([dweddle@somd.org](mailto:dweddle@somd.org)).

**Welcome New Area Directors**

I am happy to announce 3 new Area Directors starting joining our team this fall and upcoming winter!

- Jeff Hagen- St. Mary’s County
- Sue Taylor- Harford County
- Justin Byram- Frederick County

After spending time and speaking with each of them, I know they’ll be great leaders to continue all of the good progress being made in their respective areas. Special thanks to Nancy Schmidt, Pat Neary, Kirk Degler, Ruth Vickers, and their management team members for their leadership and ensuring a high-quality program continued for Athletes, Partners, Family Members, and Volunteers!

**Welcome to Two New Members of the SOMD Sports Department**

It is our great pleasure to announce that SOMD will be welcoming two new staff members to our team, both having their official start date as Monday, November 5, 2018.

**Zachary Cintron** has joined SOMD as a Sports Director, filling the role vacated by Kristen Mullins.

Zachary graduated from Drexel University with a Bachelor’s degree in Sports Management and comes to us with Special Olympics experience. He previously worked as a Sports Manager with SO-Southern California where he was responsible for overseeing all sports competitions, coaches’ education and games management teams in the Inland Empire area. Prior to that Zachary interned with SO-Pennsylvania for two years, learning and working under their Competition Director. Zachary has a true passion for Special Olympics and our athletes. Though he will not



officially be relocating to Maryland from New York to join SOMD's staff until November 5<sup>th</sup>, Zach will be part of the team at the cycling venue during this weekend's Fall Sports Festival.

**Cara Maronek** has joined SOMD as the Director of Interscholastic Unified Sports Programs.



Cara has been a special education teacher for the past 14 years, has a Master's degree in Special Education and a Bachelor's Degree in Elementary Education from the University of Northern Colorado. She is currently pursuing an Educational Doctorate in EC Special Education. Additionally, Cara also has earned her Principal's License. During her time as a teacher, Cara has had several opportunities to interact with Special Olympics activities. She participated in Special Olympics state Fall, Winter and Summer games as an assistant coordinator and head coach in Wyoming and has been a part of Unified Sports in Colorado. Cara has also been either the head or assistant coach for volleyball, basketball, and track and has experience coaching unified basketball, soccer, softball, flag football, and swimming. Cara's obvious passion for education, sports and helping individuals with special needs promises to be a great asset to SOMD in further developing our school programs. Cara will be relocating her family from Colorado and joining SOMD's staff on November 5<sup>th</sup>.

### **Howard County Adds Young Athletes Program to Sports Programs**

Last year a school based Young Athletes Program (YAP) was started in Howard County. This fall, Special Olympics Howard County will hold its first community based Young Athletes Program (YAP) from September 29<sup>th</sup> – November 17<sup>th</sup>. The program will be held at Rockburn Elementary School on Saturday mornings for eight weeks. A second session is planned for the spring. Spearheading the program are new YAP Coordinators Ashley and Mike Murphy and Katie Boggs. In addition, students from Howard County's Leadership U program have decided to "adopt" YAP for their project and will be actively involved in volunteering, fundraising and documenting the program.

### **New Athlete Leadership Registration System**

The Athlete Leadership Program will be using VolunteerHub to have athletes sign up for ALPortunities that happen all the time including talking to the media, speeches, advocacy, state championships, special events, and local program events in their area! Just to name a few. It will also allow athletes to build a personal schedule of events and offers immediate confirmations when you sign up.

Because it is a new system, new users will be asked to build a volunteer/Athlete Leader profile. It only takes a minute or two to fill out so even if you do not see an event for you now feel free to get ahead of the game and build your VolunteerHub account.

To sign up go to <http://alps.somd.volunteerhub.com>

Join us now on VolunteerHub and take advantage of all the great ALP-ortunities ahead of you.

You DO NOT have to be certified in any athlete leadership classes to join this new system. Just interested in sharing your story and leading Special Olympics Maryland into the future.

**Important Note:** Please do not direct any of your Area volunteers to renew or submit their volunteer forms or other certifications via VolunteerHub. While that option will be available at some point in the future it is not available now and their volunteer certifications will not be updated in GMS. You will receive formal written notification once this option is available for Area volunteers.

**(UPDATED) ALP-ortunity Report**

Each month, we'll provide an update on our state-wide Alp-ortunity activity! So far this year we have engaged the following:

Unique Athletes	442
Unique opportunities	345
Total ALP-ortunities	3098

Hours invested by Athlete Leaders to date 487.5 hours

Have you hosted an event that used an athlete leader as a speaker, EMCEE, photographer, or other role? So that we can keep an accurate account of ALP-ortunities across the state, please submit those to Jason Schriml ([jschriml@somd.org](mailto:jschriml@somd.org)) to be counted! Please include the name of the athlete(s), event name, and how many hours (approx.) the athlete spent in the leadership role. *There are lots of ways that Athlete Leaders can earn ALP-ortunities! Be one of the first four people to send Jeff two ways that Athletes can earn ALPortunities, and you'll earn a prize!*

**Cruise with us – May 2019 Carnival Cruise**

We're excited to announce the first ever 7-day cruise to the Eastern Caribbean aboard the **Carnival Pride to benefit Special Olympics Maryland!** Our partners at Carnival Cruise will be donating a portion of the proceeds from each cabin sold for the May 12<sup>th</sup>, 2019 cruise stopping in in Grand Turk, Half Moon Cay, and Freeport.

[Booking information here](#) – contact Janice Colbert directly at [janice\\_colbert@yahoo.com](mailto:janice_colbert@yahoo.com) or 410-446-7465. Or, [contact us](#) to learn more!

**(UPDATED) Pre-Season and Pre-Competition Webinars**

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

**Pre-Season Coaches Webinars**

<b>Sport</b>	<b>Date/Time</b>	<b>Registration / Recording Link</b>
Bowling	Tue 09/11	Recording: <a href="https://youtu.be/vztw3CWB_8">https://youtu.be/vztw3CWB_8</a>
Alpine Skiing	Tues 11/27 8:00 p.m.	<a href="https://attendee.gotowebinar.com/register/2530254826095169025">https://attendee.gotowebinar.com/register/2530254826095169025</a>
Snowshoeing	Thu 11/29 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/4861453673316230659">https://attendee.gotowebinar.com/register/4861453673316230659</a>
Basketball	Wed 11/28 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/8211076264736104451">https://attendee.gotowebinar.com/register/8211076264736104451</a>

**Pre-Competition Coaches Webinars**

<b>Sport</b>	<b>Date/Time</b>	<b>Registration / Recording Link</b>
Bowling – Pre-Regional	Tue 11/06 7:00 p.m.	Recording: <a href="https://youtu.be/oy9Ss2DqeMw">https://youtu.be/oy9Ss2DqeMw</a>
Bowling – Pre-Finals	Tue 11/27 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/3026318185107792387">https://attendee.gotowebinar.com/register/3026318185107792387</a>
Alpine Skiing	Mon 2/18 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/5246817105667384065">https://attendee.gotowebinar.com/register/5246817105667384065</a>
Snowshoeing	Mon 2/18 8:00 p.m.	<a href="https://attendee.gotowebinar.com/register/4469867005170353155">https://attendee.gotowebinar.com/register/4469867005170353155</a>

Basketball	Wed 3/20 7:00 p.m.	<a href="https://attendee.gotowebinar.com/register/1676123407491333891">https://attendee.gotowebinar.com/register/1676123407491333891</a>
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**(UPDATED) Community Sports Registration Deadlines Set Through Summer Games 2019**

Registration Deadlines for community sports through the end of 2018 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well. We expect to have similar deadlines set for the remainder of 2018 in the next several weeks and will share them as soon as they are available.

<i>Event/Sports</i>	<i>State Championship</i>	<i>Training Registration</i>	<i>Outstanding Forms</i>	<i>Competition Registration</i>
Bowling	11/11/2018 <i>(regionals)</i> 12/02/2018 <i>(finals)</i>	9/24/2018	10/12/2018 <i>(adjusted)</i>	10/18/2018
Winter Games	2/24-26/2019 <i>(includes time trials)</i>	1/10/2019	1/21/2019	2/7/2019
Basketball	3/30-31/2019	1/24/2019	2/4/2019	2/14/2019
Summer Games	6/7-9/2019	4/25/2019	5/6/2019	5/16/2019

**Sports Directors – Assigned Sports**

As reviewed during the Area Leader webinar and in-person meeting in mid-July, SOMD HQ has undergone some staff restructuring in support of driving the developing strategic initiative of improved and increased sports programming and competitions as well as building the capacity for overall growth in the number of athletes we serve. One step in the process was the change in the role of the former “Regional Sports Directors” into positions focused strictly on sports programming. Here is their contact information and their sport assignments (some have changed)

- **Melissa Anger, Sports Director**
  - [manger@somd.org](mailto:manger@somd.org), 410.979.5112
    - Basketball
    - Cheerleading
    - Flag Football
    - Soccer
    - Softball
    - Tennis
    - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling
- **Kendall Zeswitz, Sports Director**
  - [kzeswitz@somd.org](mailto:kzeswitz@somd.org), 717.341.4621
    - Alpine Skiing
    - Athletics
    - Bocce
    - Distance Running
    - Golf
    - Powerlifting
    - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey
- **Zach Cintron, Sports Director (starting November 5, 2018)**
  - [zcintron@somd.org](mailto:zcintron@somd.org), 410.242.1515
    - Bowling (10 pin)
    - Cycling
    - Kayaking
    - Snowshoeing
    - Swimming



- Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball

### **Staff Support for Area Leaders**

Attached to this Area Memo is an Updated Area Leader Resource Guide, last updated on 11/2/2018. **All updates from the guide previously distributed are highlighted in YELLOW.** The staff members listed with corresponding responsibilities will be your best point of contact with related questions or concerns. As always, any general questions or ones you're not sure who should be contacted, Ron, Jeff, and Ryan are here to assist!

- ***Jeff Abel, Vice President of Local Program Development***
  - [jabel@somd.org](mailto:jabel@somd.org), 410-242-1515 ex. 121
  - All Areas with the exception of the Baltimore Region and Western Maryland
- ***Ron Freeman, Baltimore Region Director***
  - [rfreeman@somd.org](mailto:rfreeman@somd.org), 410.598.1027
  - Baltimore City and Baltimore County
- ***Ryan Kelchner, AmeriCorps Western Region Coordinator***
  - [rkelchner@somd.org](mailto:rkelchner@somd.org), 410-242-1515
  - Western Maryland (Frederick, Washington, Allegany, and Garrett Counties)

### **Sports Calendar**

As a regular feature of the bi-weekly Area Memo, an updated copy of the SOMD Sports Calendar is attached. As always, this most up-to-date edition of the Sports Calendar may be found on MySOMD under "Documents" in both the Field Services and Coaches sections.

The Sports Calendar reflects the most up-to-date information we have at the time of its publication. Please be certain to provide your Regional Sports Director with information on any upcoming competitions and any coach trainings that you will be holding so that they can be included on the sports Calendar. If you notice any errors, please contact your Regional Sports Director with the corrected information.

### **Questions?**

**If You Have Any Questions On Any Other Non-Sports-Related Issues**, please contact a member of the new Local Program Development department for assistance

- ***Jeff Abel, Vice President of Local Program Development***
  - [jabel@somd.org](mailto:jabel@somd.org), 410-242-1515 ex. 121
  - All Areas with the exception of the Baltimore Region and Western Maryland
- ***Ron Freeman, Baltimore Region Director***
  - [rfreeman@somd.org](mailto:rfreeman@somd.org), 410.598.1027
  - Baltimore City and Baltimore County
- ***Ryan Kelchner, AmeriCorps Western Region Coordinator***
  - [rkelchner@somd.org](mailto:rkelchner@somd.org), 410-242-1515
  - Western Maryland (Frederick, Washington, Allegany, and Garrett Counties)

## 2018 Special Olympics Maryland Sports and Competition Calendar - UPDATED 11/16/2018

Type	Event	Location	Facility	Competition Date(s)	Pre-Season Webinar Date(s)	Pre-Competition Webinar Date (s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
Community	Bowling - Regional Tournaments	Ellicott City Frederick Gaithersburg Glen Burnie	Brunswick Zone ( <i>Ellicott City</i> ) Terrace Lanes ( <i>Frederick</i> ) BowlAmerica Gaithersburg BowlAmerica Glen Burnie	11/11/2018	9/11/2018	11/6/2018	9/24/2018	10/12/2018 (adjusted)	10/18/2018
Community	Bowling - State Championships	Gaithersburg, MD	Bowl America Gaithersburg	12/2/2018	9/11/2018	11/27/2018			
IUS	Unified Strength & Conditioning Invitational	Wye Mill, MD	Chesapeake College	2/05/2019	TBD	TBD	TBD	TBD	TBD
IUS	Unified Indoor Bocce Championships	Hagerstown, MD	Hagerstown Community College	2/12/2019	TBD	TBD	TBD	TBD	TBD
Community	2019 SOMD Winter Games ( <i>incl Time Trials</i> )	Mercersburg, PA	Whitetail Resort	2/24-26/2019	Alpine 11/27/2018 Snowshoe 11/29	Alpine 2/18/2019 Snowshoe 2/18/19	1/10/2019	1/21/2019	2/7/2019
Community	2019 World Games	Abu Dhabi, UAE	Various locations	3/14-21/2019	NA	NA	NA	NA	NA
Community	2019 Basketball Tournament	Frederick Area ( <i>tentative</i> )	TBD	3/30-31/2019	11/28/2018	3/20/2019	1/24/2019	2/4/2019	2/14/2019
IUS	Unified Outdoor Bocce Championships	Chestertown, MD	Washington College	4/30/2019	TBD	TBD	TBD	TBD	TBD
IUS	Unified Track & Field Invitational	Hyattsville	Prince George's Sports & Learning Complex	5/14&15/19	TBD	TBD	TBD	TBD	TBD
Community	2019 Summer Games	Towson, MD	Towson University and other locations	6/7-9/2019	TBD	TBD	4/25/2019	5/6/2019	5/16/2019
Community	Kayaking Time Trials ( <i>Required</i> )	Chestertown, MD	Washington College	08/10/2019 ( <i>Tentative</i> )	TBD	TBD	7/11/2019	7/18/2019	8/1/2019
Community	Kayaking Championships	Chestertown, MD	Washington College	08/24/2019 ( <i>Tentative</i> )		TBD			
Community	Golf Championship	Queenstown, MD	Queenstown Harbor Golf Course	9/29/2019 ( <i>Tentative</i> )	TBD	TBD	8/15/2019	8/22/2019	9/5/2019
Community	Fall Sports Festival ( <i>Cycling, Distance Running, Flag Football, Powerlifting, Tennis</i> )	Emmitsburg, MD	Mount St. Mary's University Fort Richie ( <i>Cycling</i> )	10/19/2019 ( <i>Tentative</i> )	TBD	TBD	8/29/2019	9/10/2019	10/3/2019
Community	Soccer Tournament	Fruitland, MD	Crown Sports Center	10/27/2019	TBD	TBD	8/29/2019	9/26/2019	10/3/2019
IUS	(Inter.) Unified Tennis Championships	Towson, MD	Towson University ( <i>tentative</i> )	TBD	TBD	TBD	TBD	TBD	TBD
Community	Bowling - Regional Tournaments	Various locations	Various locations	11/10/2019 ( <i>Tentative</i> )	TBD	TBD	9/23/2019	10/3/2019	10/17/2019
Community	Bowling - State Championships	Gaithersburg, MD	Bowl America Gaithersburg	12/08/2019 ( <i>Tentative</i> )	TBD	TBD	9/23/2019	10/3/2019	11/28/2019
<b>Questions or additions?</b> If you have any questions regarding this calendar, additions of local/regional competitions, or any other sports related issue, please contact the appropriate Sports Director: - Melissa Anger ( <a href="mailto:manger@somd.org">manger@somd.org</a> ): Basketball, Cheerleading, Flag Football, Soccer, Softball, Tennis - Zach Cintron ( <a href="mailto:zcintron@somd.org">zcintron@somd.org</a> ): Bowling, Cycling, Kayaking, Snowshoeing, Swimming - Kendall Zeswitz ( <a href="mailto:kzeswitz@somd.org">kzeswitz@somd.org</a> ): Alpine Skiing, Athletics, Bocce, Distance Running, Golf, Powerlifting - Cara Maronek ( <a href="mailto:cmaronek@somd.org">cmaronek@somd.org</a> ): All Interscholastic Unified Sports (IUS)					**These are the dates by which entries must be entered into GMS or medical/volunteer forms submitted to SOMD HQ. Coaches must have this information to their Area Leadership a minimum of one week prior to these dates to allow for timely submission. (No athlete may participate in any way in a Special Olympics program without an up-to-date medical; no volunteer may participate in any way in a Special Olympics program without an up-to-date volunteer application and completed background screening.) *These dates are also the deadlines for Coaches to have completed the requirements for Special Olympics Coach Certification and to have submitted the required documentation to SOMD HQ.				

## 2018 Special Olympics Maryland Sports and Competition Calendar - UPDATED 11/16/2018

### 2018/2019 Coach Training Events

Date	Course/Sport	Location	Facility	Comments	To Register
<i>Areas Interested in Hosting - Please Contact your Regional Sports Director</i>					

### 2019 Area / Regional / District Competitions & Events

Type	Event	Location	Facility	Competition Date(s)	Sport	Notes
Community	On-Snow Race Training Day #1 (AS & SN)	Mercersburg, PA	White Tail Resort	1/12/2019	Alpine, Snowshoeing	Date tentative
Community	HO BB League Play (5v5 Traditional & Unified)	Ellicott City	Glenelg Country School	2/2/2019	Basketball	TBD
Community	HO BB League Play (5v5 PDU)	Ellicott City	Glenelg Country School	2/9/2019	Basketball	TBD
Community	On-Snow Race Training Day #2 (AS & SN)	Mercersburg, PA	White Tail Resort	2/9/2019	Alpine, Snowshoeing	Date tentative
Community	HO BB League Play (3v3 Traditional & PDU)	Ellicott City	Glenelg Country School	2/23/2019	Basketball	TBD
Community	Duckpin Bowling Tournament	Hagerstown	Southside Lanes	2/24/2019	Duckpin Bowling	TBD
Community	3v3 (Traditional & PDU) REQUIRED Qualifier	Ellicott City	Glenelg Country School	3/9/2019	Basketball	All 3v3 Teams Automatically Registered
Community	5v5 Unified REQUIRED Qualifier	Towson	Goucher College	3/9/2019	Basketball	All Unified Teams Automatically Registered
Community	5v5 PDU REQUIRED Qualifier	Ellicott City	Glenelg Country School	3/10/2019	Basketball	All 5v5 PDU Teams Automatically Registered
Community	HO BB League Play (5v5 PDU)	Ellicott City	Glenelg Country School	3/16/2019	Basketball	TBD
Community	Calvert Basketball Competition	Huntingtown	Huntingtown High School	3/17/2019	Basketball	Contact Melanie McManus (melanie.mcmanus81@gmail.com)
Community	HO BB League Play (3v3 Traditional & PDU)	Ellicott City	Glenelg Country School	3/23/2019	Basketball	TBD
Community	Loyola University Swim Competition	Baltimore City	Loyola University	4/14/2019	Swimming	TBD
Community	Baltimore City Spring Games	Baltimore City	Poly-Western High School	5/7-9/2019	Athletics	

# 2018 Event Calendar

Special Olympics  
Maryland



2018 Kayaking Championships  
August 25<sup>th</sup> 2018  
Washington College  
[www.somd.org](http://www.somd.org)

Interscholastic Unified High School Team Tennis  
November 7<sup>th</sup> 2018  
Loyola University  
[www.somd.org](http://www.somd.org)

State Golf Championships  
September 30<sup>th</sup> 2018  
Queenstown Harbor Golf, Queenstown Md  
[www.somd.org](http://www.somd.org)

5<sup>th</sup> Annual Maryland Rockfish Open  
October 27<sup>th</sup> 2018  
Mike's Crabhouse South-Riva  
[www.somd.org](http://www.somd.org)

Cops on Rooftops  
August – October 2018  
Dunkin Donuts Locations in Md  
[www.somd.org](http://www.somd.org)

State Regional Bowling Tournaments  
November 11<sup>th</sup> 2018  
Various Locations in Maryland  
[www.somd.org](http://www.somd.org)

10<sup>th</sup> Annual Tunnel Run  
September 16<sup>th</sup> 2018  
Fort McHenry Tunnel Baltimore, Md  
[www.tunnelrun.org](http://www.tunnelrun.org)

State Bowling Championships  
December 2<sup>nd</sup> 2018  
Bowl America, Gaithersburg, Md  
[www.somd.org](http://www.somd.org)

10<sup>th</sup> Annual Big Bats Open  
September 27<sup>th</sup> 2018  
Queenstown, Md  
[www.somd.org](http://www.somd.org)

St. Mary's Splash  
December 8<sup>th</sup> 2018  
Point Lookout State Park, Scotland, Md  
[www.somd.org](http://www.somd.org)

Fall Sports Festival  
October 20<sup>th</sup> 2018  
Mount St. Mary's University, Emmitsburg, Md  
[www.somd.org](http://www.somd.org)

2019 MSP Polar Bear Plunge  
January 24<sup>th</sup>, 25<sup>th</sup> & 26<sup>th</sup> 2019  
Sandy Point State Park  
[www.plungemd.com](http://www.plungemd.com)

State Soccer Tournament  
October 28<sup>th</sup> 2018  
Crown Sports, Fruitland Md  
[www.somd.org](http://www.somd.org)

2019 Deep Creek Dunk  
February 23<sup>rd</sup> 2019  
Deep Creek Lake  
[www.dunkmd.com](http://www.dunkmd.com)

Over The Edge  
November 3<sup>rd</sup> 2018  
Bethesda, Md  
[www.somd.org](http://www.somd.org)

2019 Winter Games  
February 24<sup>th</sup> – 26<sup>th</sup> 2019  
Whitetail Resort  
[www.somd.org](http://www.somd.org)

2019 Basketball Tournament  
March 30<sup>th</sup> – 31<sup>st</sup> 2019  
Hood College and FCPS Sites  
[www.somd.org](http://www.somd.org)

2019 Summer Games  
June 7<sup>th</sup> – 9<sup>th</sup> 2019  
Towson University  
[www.somd.org](http://www.somd.org)